

RFRC Trec 02nd August 2009**Emergency Contact number** 0776-4489433 (Only for use on the day and to be carried on your ID tag)**Course Walk** Saturday 1st August 5PM**Course Building helpers** Saturday 1st August 3.30PM**Helpers/Judges Briefing** Saturday 1st August 5PM

				<u>Control of Paces</u>	<u>Obstacles</u>	<u>Orienteering</u>		
<u>Competitor Number</u>	<u>Bib No.</u>	<u>Pr / Ind.</u>	<u>Name</u>	<u>COP</u>	<u>PTV</u> (follows on from COP)	<u>Tack Check</u>	<u>Map Room</u>	<u>POR</u>
1		Pr	Sara Murphy	9.30				
2		Pr	Sue Grey	9.33		12.00	12.10	12.20
3		Pr	Natasha Fountain	9.36				
4		Pr	Chris Havers	9.39		12.05	12.15	12.25
5		Ind.	Leanne Coombes	9.42		12.10	12.20	12.30
6		Pr	Sue King	9.45				
7		Pr	Anna Cook	9.48		12.15	12.25	12.35
8		Pr	Martin Clements	9.51				
9		Pr	Wendy Wainwright	9.54		12.20	12.30	12.40
10		Ind	Jayne Howell	10.00		12.25	12.35	12.45
11		Pr	Kim Harvey	10.03				
12		Pr	Sally Burns	10.06		12.30	12.40	12.50
13		Pr	Sue Moon	10.09				
14		Pr	Jill Dainton	10.12		12.35	12.45	12.55
15		Ind	Julie Thompson	10.15		12.40	12.50	13.00
16		Pr	Deborah Robinson	10.18				
17		Pr	Shelley Keys	10.21		12.45	12.55	13.05
18		Pr	Sue Squirrel	10.24				
19		Pr	Rhona McKillop	10.27		12.50	13.00	13.10
20		Ind	Heather Mcleod	10.30		12.55	13.05	13.15
21		Pr	Fiona Denton	10.35				
22		Pr	David Denton	10.38		13.00	13.10	13.20
23		Pr	Mary Morgan	10.41				
24		Pr	Sharon Roskell	10.44		13.05	13.15	13.25
25		Ind	Sue Lee	10.47		13.10	13.20	13.30
26		Pr	Jo Rhodes	10.50				
27		Pr	Sue Bossart	10.53		13.15	13.25	13.35
28		Pr	Lucy Roots	10.56				
29		Pr	Lynette Dockrell	10.59		13.20	13.30	13.40
30		Ind	George Whittaker	11.02		13.25	13.35	13.45