



# **CELIA WHICHER**

## **LECTURE TRAINING**

***Balance, feel and understanding harmony with your horse for all occasions***

***PLEASE BRING A SET OF REINS AND A NOTEPAD WITH YOU.***

Celia believes in training riders and handlers to achieve Harmony with their horse, with a balanced, secure, effective seat, for all occasions. As part of her training, Celia likes to ensure that riders have a clear understanding of how their own actions affect their horse.

Celia Whicher is currently the Area 7 chair for BRC and has vast experience as a rider, trainer and horse psychologist. Celia used to be an International 3 day Event Rider and has subsequently dedicated her time to becoming a top class trainer. Celia worked as an International trainer for the British Paralympic Dressage Team alongside Pat Manning, and helped train the team for Paralympics in Atlanta and Sydney. Celia also works as a trainer for various riding clubs and pony clubs and can teach up to international level.

As well as giving mounted workshops. Celia also provides un-mounted workshops for all disciplines to help owners understand & train their horses, and to teach how different riders/handlers affect their horses' individual temperament. In these un-mounted sessions Celia will demonstrate to riders how to maintain a balanced, secure, effective seat, for different occasions & how to handle competitions and particular problems riders may have and how to deal with nerves.

During training session Celia is more than willing to answer any questions and can adapt sessions to suit the audience.

**Monday 7<sup>th</sup> June**  
**Grafton Underwood Village Hall**

**1.5 hours approx.**

**£5 members    £7 non-members**

**Payment upon entry – booking form to be sent to Danielle Marcus**

NAME.....

ADDRESS.....

..... TEL.....

**SEND TO;**  
**Danielle Marcus**  
**2 Windmill Close**  
**Woodford**  
**Kettering**  
**Northants**  
**NN14 4FN**